

# Anxiolytic/Hypnotic Treatment Selector

Charts revised November 2017. Full information available at [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org)

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		ATV/r	DRV/r	LPV/r	EFV	ETV	NVP	RPV	MVC	DTG	RAL	ABC	FTC	3TC	TDF	ZDV	E/C/F/TAF	E/C/F/TDF
Anxiolytics	<b>Alprazolam</b>	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Bromazepam</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Buspirone</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Clorazepate</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Diazepam</b>	↑	↑	↑	↓	↑	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Lorazepam</b>	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	<b>Oxazepam</b>	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
Hypnotics	<b>Chlordiazepoxide</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Estazolam</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Flunitrazepam</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Flurazepam</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Lormetazepam</b>	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	<b>Midazolam (oral)</b>	↑	↑	↑	↓ <sup>b</sup>	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Temazepam</b>	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	<b>Triazolam</b>	↑	↑	↑	↓ <sup>b</sup>	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Valerian</b>	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	<b>Zaleplon</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Zolpidem</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	<b>Zopiclone</b>	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑

## Colour Legend

- No clinically significant interaction expected.
- These drugs should not be coadministered.
- Potential interaction which may require a dosage adjustment or close monitoring.
- Potential interaction predicted to be of weak intensity. Additional action/monitoring or dosage adjustment is unlikely to be required.

## Text Legend

- ↑ Potential increased exposure of the anxiolytic/hypnotic
- ↓ Potential decreased exposure of the anxiolytic/hypnotic
- ↔ No significant effect

a Initial inhibitory effect followed by inductive effect in presence of ritonavir. Start alprazolam at a lower dose and increase if needed.

b Contraindicated by manufacturer.